

Western Australian School Canteen Association Inc.



Supporting healthy choices

WASCA Team Profile

To be published in the WASCA website, please provide a phot as well.



Shayley McGurk Davy has over 20 year's experience working and volunteering in the sport and recreation industry at local, state, national and international levels, in the not-for profit sector. Shayley is currently the General Manager, Game, Community and Pathways at Hockey WA, and in her voluntary capacity as a SportWest True Sport Advisory Group member and International Federation of Hockey (FIH) leading panel official.

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| Who inspires you and why? | Leaders who are passionate and serious about ending family violence. |
| What is your favourite cookbook, book or movie | Verity by Colleen Hoover |
| What do you believe is your most important role at WASCA? | <p>Advocacy and leadership for promoting healthy eating environments in sporting communities and venues.</p> <p>At Hockey WA we are undergoing canteen reform with the support of Fuel to Go & Play and Healthway. We have added new healthy menu options, such as muesli cups, pasta and curry. But to be honest it's a massive group effort and we are taking it one small step at a time.</p> |
| Tell us your top tip for promoting healthy food | <p>Limiting processed food.</p> <p>When you make food from scratch, either at home or in the canteen (schools and sports clubs), you know what ingredients are in it, you can use a bunch of fresh seasonal produce and its generally cheaper too.</p> |
| WASCA recipe recommendation | <p>Vegetarian Chilli Con Carne</p> <p>This recipe is really tasty and contains so many veggies!</p> |

Published 2024