

Banana Raspberry Bread

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Traffic light category: Amber Serves: 20

Ingredients

- 125g polyunsaturated margarine
- 1 cup brown sugar
- 1 teaspoon vanilla extract
- 2 eggs
- 2 cups mashed banana
- 1 cup frozen raspberries
- ½ cup desiccated coconut
- 1 ¾ cups plain flour
- 1 teaspoon baking powder
- 1 teaspoon bicarbonate of soda
- 1 teaspoon ground cinnamon
- 1/3 cup golden syrup

Method

- 1. Preheat oven to 160°C
- 2. Place the margarine, sugar and vanilla in an electric mixer and beat for 8–10 minutes or until pale and creamy. Scrape down the sides of the bowl
- 3. Add eggs one at a time and beat well to combine
- 4. Add the banana, raspberries, coconut, flour, baking powder, bicarbonate of soda, cinnamon and golden syrup, stir to combine
- 5. Spoon the mixture into two bar tins lined with baking paper
- 6. Bake for 45–55 minutes or until cooked when tested with a skewer. Cool in the tins for 20 minutes before turning out onto a wire rack to cool completely
- 7. Slice and serve.





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