



# ANNUAL REPORT

WESTERN AUSTRALIAN SCHOOL  
CANTEEN ASSOCIATION INC.

2020/2021



# ABOUT OUR ORGANISATION

## OUR VISION

Healthy food and drink choices for all Western Australians.

## OUR MISSION

To advocate for healthy food and drink choices in all food services in Western Australian school canteens, hospitals, workplaces, community venues and events.

WASCA is the peak body empowering food service providers with training, practical tools, credible information, and support in partnership with schools, community, government, other non-government organisations and the food industry.

## OUR VALUES

Integrity, commitment, passion.

## IMPACT STATEMENT

COMMUNICATIONS	WASCA Website	17,581 unique visitors	27,079 total visitors
	Fuel to Go & Play™ website	5,422 unique visitors	7,496 total visitors
	Facebook	1,853 Page Likes	465 posts, 219,373 reach
	Twitter	119 followers	26 tweets
	WASCA eNews	16	384 subscribers
	Fuel to Go & Play™ eNews	8	414 subscribers
	Healthy Sporting Club Program eNews	33	242 subscribers
	Healthier Vendor eNews	4	49 subscribers
	Star Choice™ Buyer's Guide	2 editions	4,000 distributed
	CanTeam newsletter	2 editions	3,000 distributed

SUPPORT	Training and workshops	22 sessions	528 participants
	Kindy orientation sessions	71 sessions	2,864 families
	Menu, product & recipe assessments	Schools Sports clubs Vendors	220 assessments 88 assessments 289 assessments
	Fuel to Go & Play™ online training	2 courses	225 participants
	Advisory service	1,018 reviews	367 schools

ADVOCACY	Journal publications and conference abstracts	Public Health Association of Australia	1 abstract accepted
	National meetings	Australian Capital Territory and Queensland	2 meetings
	Working groups and committees	WA and National	7 groups



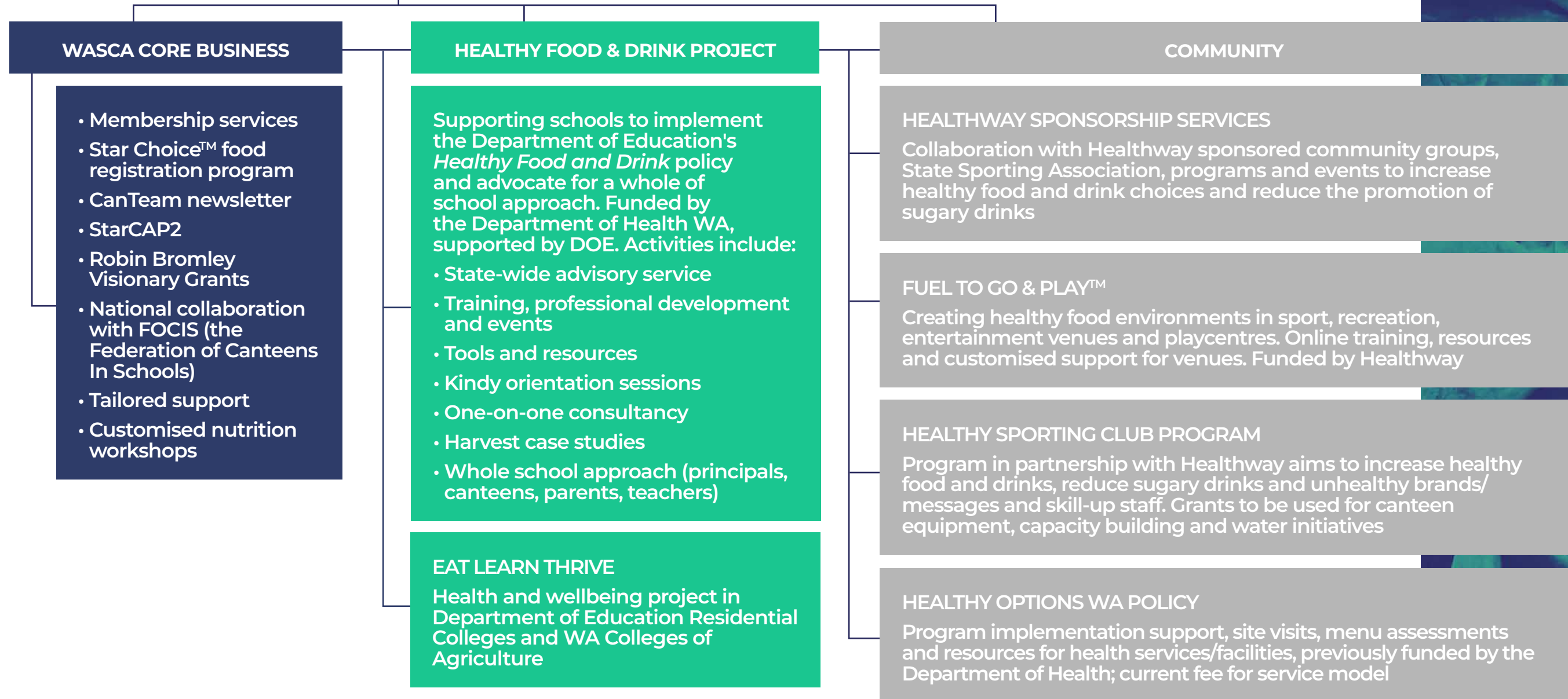
# WESTERN AUSTRALIAN SCHOOL CANTEEN ASSOCIATION INC. (WASCA) ESTABLISHED 1994

## EXECUTIVE COMMITTEE

Beki Bampton, President/Acting Treasurer  
Cre Millar, Vice President  
Marcelle Coakley, Vice President  
Dionisia Tsokos, Secretary  
Tracy Skipworth, Committee  
Pip Slaughter, Committee  
Cyan Plenderleith, Committee  
Tony Osborne, Committee

## OFFICE TEAM

Amanda Ferguson, Acting Chief Executive Officer  
Alexa Whitehorn, Project Officer  
Carla Florio, Project Officer  
Claire Hyland, Project Coordinator  
Jennifer Harris, Administration Officer  
Leanne Irwin, Project Officer  
Michelle Riekie, Project Manager  
Sophie Nolan, Project Coordinator



Department of **Health**  
Department of **Education**



# PRESIDENT'S REPORT



Wandjoo, welcome to our Annual General Meeting (AGM). It is a privilege to be meeting on Whadjuk boodjar, and to be able to acknowledge the traditional custodians of this land and pay respects to Noongar Elders past, present and emerging. A warm welcome to our life members, school members, and special guests. Thank you to Pip for hosting tonight, and a special thank you to Jess for providing tonight's venue and delicious supper.

The 2020/2021 financial year for WASCA has continued to be one of constant change. The committee and staff have worked together to support members through now familiar snap lockdowns and ever changing COVID-19 restrictions. We have undergone a seamless transition as Amanda Ferguson became Acting CEO while Megan Sauzier began parental leave, we are truly blessed to have such a competent, passionate, and proficiently led office team. Welcome and joyful change came in the form of three more WASCA babies. Our congratulations and best wishes go to WASCA staff Megan, Blanche and Cassie as they enjoy their parenting journey. Treasurer Stephanie Benjamin stepped down during the year and will welcome her first child at Christmas. The Committee continued for the rest of the financial year with the President and Vice Presidents undertaking the Treasurer duties.

The Committee has adapted to flexible meeting formats, meeting both face to face and online to ensure constitutional requirements have been met, even when in lockdown. We have been able to sustain open, frank, and constructive conversations, ensuring that WASCA is maintaining its strategic direction.

In October 2020, the Executive Committee attended a WASCA planning day with office staff where it was agreed to extend the 2019-2021 strategic business plan by a further year. Priority focus areas were discussed and identified. Further to this, Committee members have been active in supporting the realisation of the plan through mentoring and supporting members; member engagement and networking; reviewing and trialling educational resources and tools; volunteering in member school canteens; and representing members and providing feedback to the office. I had the pleasure of volunteering in 16 member schools over the past 12 months. This was an incredible opportunity for me to stay in touch with canteens and I thoroughly enjoyed each visit, see my expertise in selfie taking below.

This year the Committee has remained vibrant and diverse, with representation from canteen supervisors, P&C members, health promotion practitioners and teaching staff. Committee members bring with them different experiences and viewpoints and it has again been an honour to lead a team that provides balanced and reasoned governance to such a vital organisation. I look forward to the prospect of new faces on the Committee and I trust those interested in joining tonight have submitted their nomination forms. Governance training is planned for October this year and will be followed by the annual President's dinner. This is an opportunity for Committee members to get to know each other and strengthen the Committee in a less formal setting.

I am delighted to confer two life memberships at tonight's meeting, it is heartening to see the continued commitment and passion Cre Millar and Pip Slaughter bring to the WASCA vision, mission and purpose and I am pleased to be able to recognise their outstanding service.

Thank you all again for attending our AGM. I hope you find it to be an enjoyable and valuable evening. Please stay in touch with our Committee and staff as we continue to navigate uncertain times together.

With thanks,

Beki Bampton, President



# TREASURER'S REPORT

I am pleased to present the financial report to the AGM. The accounts have been audited by HTG Partners and found to be correct in accordance with the bank statements, income and expenditure records and supporting documentation as kept by the Treasurer and WASCA Administration Officer in support of all income and expenditure items. A brief summary of income and expenses is provided below; the full report will be available for your perusal at the AGM.

Income	Project grants*	\$621,906	72.8%
	WASCA membership	\$32,303	3.8%
	Government rebates received (JobKeeper; Cashflow boost)	\$73,500	8.6%
	Star Choice™ and CanTeam	\$78,258	9.2%
	Other income	\$47,530	5.6%
Total income		\$853,49	
Expenses	Project activities	\$52,475	6.8%
	Star Choice™ and CanTeam	\$61,953	8%
	Other expenses	\$50,360	6.5%
	Salaries and on costs	\$608,298	78.7%
Total expenses		\$773,08	
Net surplus		\$80,411	

Total assets	\$781,442
Total liabilities	\$222,498
Net assets	\$558,944

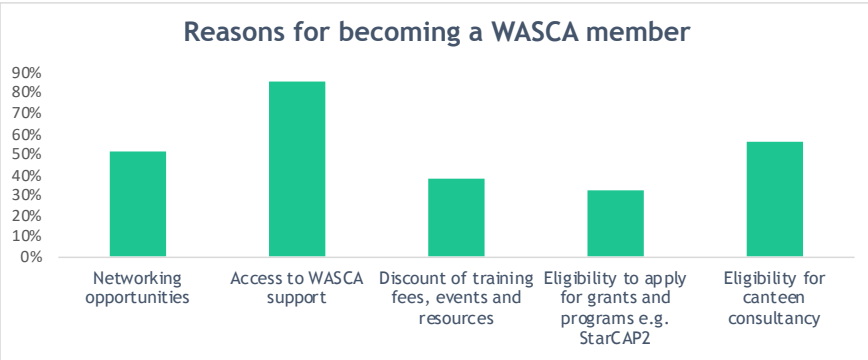
\*Project grants include: Department of Health - Healthy food and drink project. Healthway – Sponsorship Services; Fuel to Go & Play™; and Healthy Sporting Club Program

## MEMBERSHIP

To date we have 378 school members; and 22 associate and personal members.

In 2021 WASCA conducted a survey of members to ensure we were continuously evolving to meet their needs. The results have helped to determine the preferred days for meetings, training and events; topics of interest; and the way members like to be kept informed. Since the survey was conducted we have:

- altered our meeting days and times
- increased our social media presence
- developed a 'Nutrition now-how' workshop based on this being the top topic members wanted to hear about.



## FINANCIAL MOTIONS

I hereby propose a motion to accept the audited financial statements as at 30 June 2021, prepared by HTG Partners and confirmed by WASCA President, Vice President and Acting Chief Executive Officer to be true and correct.

I hereby recommend and propose a motion to nominate HTG Partners as the auditor for the 2021/2022 financial year.

I hereby propose a motion that membership fees for 2022 will not be increased; Ordinary Membership shall remain \$90 for school members and \$80 for personal members; Associate Membership shall remain \$130 for associates and \$70 for personal members.

In summary, I am happy to report WASCA is operating based on best practice financial procedures and is in a sound financial position as at 30 June 2021.

Kind regards,

Beki Bampton, Acting Treasurer



# ACTING CHIEF EXECUTIVE OFFICER'S REPORT



The WASCA Executive Committee along with office staff participated in a planning day in October 2020. The aim was to reflect on achievements from the 2019/2021 Strategic Business plan, identify gaps and set goals for the future. This was also the time to determine if extending the Strategic plan by 12 months to align with funding from the Department of Health was the most appropriate course of action. It was agreed that an extension gave us the opportunity to focus on gaps and opportunities identified.

WASCA has spent the past eight months focusing on these and amazing progress has been made.

- Raising the profile of WASCA by:
  - updating the marketing and communication strategy
  - developing a social media policy
- Strengthening membership services by:
  - conducting a member's survey
  - developing a welcome pack and renewal pack for members
- Increasing the focus on sustainability and growth by:
  - addressing the closing of the FOCIS product registration program, taking ownership of the nutrient criteria and rebranding as Star Choice™ nutrient criteria
- Strengthening purposeful partnerships by:
  - increasing engagement with WA Primary Principals Association and WA Council of State School Organisations.

Of course there is still work to be done and the coming year will provide WASCA with the opportunity to focus on:

- developing a Reconciliation Action Plan
- increasing and diversifying engagement with other stakeholders such as Public Health Advocacy Institute of WA and other education sectors i.e. Universities, Independent and Catholic Schools
- increasing our online presence with the development of case studies, recipe videos and other examples of canteens who are leaders in best practice procedures.



Thank you to partner organisations and funding bodies Department of Education, Department of Health and Healthway. Your ongoing support of our Association is appreciated.

I sincerely thank the WASCA team and Executive Committee whose unwavering support has meant taking on the role of Acting Chief Executive Officer has been a smooth transition for all. I work alongside an extraordinary group of people who are dedicated to the work WASCA does and are motivated to do their best each and every day.

There have been a number of changes to office staff in the past 12 months and it is important to acknowledge those who were major contributors to the many achievements but are not currently part of the team.



- Megan Sauzier has been CEO of WASCA since 2014, in this time her drive and ambition to see WASCA as the peak body in WA supporting healthy food reform was unfaltering. In February this year she temporarily handed over the reins of CEO to me as she took parental leave. The successes in this annual report should be attributed to her as much as to other staff.
- Blanche Marchant was instrumental in taking on the role of developing our Social media policy as well as Project Coordinator for the Fuel to Go & Play™ project, she commenced parental leave in January 2021.
- Tristan Schwartzkopff has been a valued staff member of WASCA since completing his practicum placement as a dietetics student in 2018, bringing a great sports perspective to the Fuel to Go and Play™ team. Tristan left WASCA in August 2021 to take on a role in clinical dietetics research.
- Cassandra Bordin embraced the Healthy Sports Club project with enormous enthusiasm and developed great relationships with those who were lucky enough to receive a grant from Healthway. Cassie commenced parental leave in September 2020.

In these times of change I sincerely thank the current office team of Alexa, Carla, Claire, Jenni, Leanne, Michelle and Sophie who are not only dedicated but fantastic to work with.

We extend our support and good wishes to all our members, colleagues and partners. I encourage you to contact the office team or members of the Executive Committee for advice and a friendly chat or consider participating in an upcoming meeting or training session soon.

It is my pleasure to provide the following update of WASCA activities for the 2020/2021 financial year.

All the best,

Amanda Ferguson, Acting Chief Executive Officer



*Pictured: Megan and Sonny, Jess and Louis, Cassie and Ryder, Claire and Tadhg, Blanche and Leo*



# HEALTHY FOOD & DRINK PROJECT

WASCA is contracted by the Department of Health to provide support, advice, training and resources to assist schools in implementing the Department of Education's *Healthy Food and Drink* (HFD) policy. Significant achievements and activities:

- Advisory service provided to 367 schools on 1,018 occasions
- 220 menu, product and recipe assessments; menus on average offer 75% green choices, the highest average since policy implementation in 2007



## Traffic light training

- In 2020 we carried out a comprehensive review of face to face Traffic light training, revising the learning outcomes and adding additional content focusing on advocacy
- Updating the online version was completed in 2021 and is now housed on a separate website and includes videos, activities and quizzes to enhance learning. The training was piloted with 22 participants.

**100%**  
of pilot training  
participants felt

- the training had a good mix of content, activities and quizzes
- quiz questions tested knowledge appropriately and covered all areas of the HFD policy

## Other training and workshops

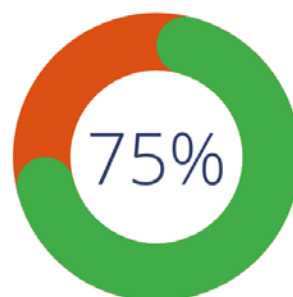
- Collaboration with Environmental Health Australia to provide free access to FoodSafe Online training for schools; to date, 189 canteen staff, parent body representatives and volunteers have accessed the training
- Collaboration with Australian Hotels Association to provided free access for canteen staff, parent body representatives and volunteers to complete the Hospitality and Tourism COVID-19 Hygiene training.

We continue to implement the invaluable follow-up phone call strategy to schools that have received menu assessments. Of the 62 schools who received a call:

- 100% found the assessment useful
- 84% had made changes to their menu
- 75% had increased the availability of fruits and vegetables
- 81% appreciated the call; said they were doing well.



Healthy Food and Drink  
menu requirements:  
60% minimum green choices



WASCA completed menu  
assessments on average  
75% green choices

- 66 new tools and resources developed and downloaded 9,583 times. Of note:
  - Suite of nine posters with the tag line of 'You deserve the best' sent to all schools in WA
  - Catering guidelines to encourage healthy eating and catering across the whole school
  - Fact sheets to support the HFD policy at sports carnivals, camps and excursions.



- WASCA has been providing Kindy orientation sessions since 2011. The kindy video continues to increase the sustainability and reach of this activity and has been downloaded/viewed over 2,600 times via the WASCA YouTube channel. In 2020, 2,864 families received healthy eating resources through a kindy session at 71 schools.



## Partnerships

Maintaining and strengthening partnerships to help promote and support the implementation of the HFD policy continued with 28 partners during 2020/2021. Significant partnerships included:

- Edith Cowan University (ECU): WASCA has had a long standing relationship with ECU and consistently offered placement opportunities for students. In 2021 we had two practicum placements; a Master of Dietetics student who conducted the Star Choice™ Nutrient Criteria review and a Health Promotion student who contributed to the Online Traffic light training development and WASCA social media content
- Child and Adolescent Health Service (CAHS): WASCA presented at Health Promotion events with school health nurses from primary and secondary schools to increase their knowledge of the HFD policy and how to advocate for a whole school approach to healthy eating. The relationship with CAHS is vital in ensuring the HFD policy is well understood and supported by other stakeholders within the school environment
- WA Council of State School Organisations (WACSSO): We continue to foster this valuable relationship, for example:
  - WASCA ran a webinar at the WACSSO Virtual Conference for P&C representatives (n=55), *Running a canteen – easy to digest*
  - Provided healthy catering for the VIP's participating in the virtual conference in the Department of Education building
  - Increased cross promotion using Facebook and eNews stories
  - WASCA contributed a double page in the P&C Handbook and inclusion in P&C Voice articles (n=3).
  - WACSSO contributed articles to the CanTeam newsletter (n=2).





# HEALTHWAY SPONSORSHIP SERVICES

WASCA's nutrition support services for Healthway funded organisations have increased to include more State Sporting Associations. This, together with engagement with event organisers and mobile food vendors, has assisted in creating healthier food environments throughout the state.

## COMMUNITY EVENTS

WASCA worked with event organisers and food vendors to ensure a variety of healthy food and drink options were available. Project highlights include:

- Support for 51 organisations
- 289 vendor menu reviews to identify healthy options; this is a significant increase from 2020 (n=82)
- 31 comprehensive menu assessments; on average menus offered a majority of healthy green items
- 98% of events focused on vendors not displaying sugary drinks
- 100% event organiser satisfaction with WASCA services.

WASCA customised support services included the following resources, all updated to align with revised Department of Health's: Healthy Options WA Food and Nutrition Policy:

- Event Organisers Guide to Healthier Options
- Healthier Vendor Guide – a list of healthier food vendors (updated quarterly)
- Event Organiser's Checklist, Sugary Drinks Fact Sheet and Healthy Options Fact Sheet
- Catering guidelines
- Dissemination of recipes (including WASCA and LiveLighter® recipes) at events to support healthy eating.



## STATE SPORTING ASSOCIATIONS

State Sporting Associations partnering with Healthway have gained access to the Fuel to Go & Play™ message and resources. This commenced in 2019 with Netball WA promoting the Fuel to Go & Play™ message at their Association Championships. Support for Netball WA continued in 2020/21 along with National Rugby League WA, Hockey WA and the WA Football Commission.

WASCA's supporting highlights include:

- Netball WA – menu assessments (n=10) and ongoing support for Association club representatives and canteen managers to participate in the Fuel to Go & Play™ accreditation program; canteen reform and activation activities at the Fuel to Go & Play™ Association Championships
- WA Football Commission – dissemination of Fuel to Go & Play™ information packs to assist canteen managers and event organisers create healthier carnival days/finals series
- Hockey WA – information sessions to introduce the Fuel to Go & Play™ message as well as menu reform for the Perth Hockey Stadium.

National Rugby League WA commenced promoting the Fuel to Go & Play™ message in early 2021. WASCA delivered workshops and information sessions to club presidents and development officers to inform them about the Fuel to Go & Play™ message and WASCA's services for creating a healthier rugby community. Additional support services included site visits and menu assessments to local community clubs to help increase healthy food and drink options.



## MOBILE FOOD VENDORS

To support event organisers and sporting organisations in creating healthier events WASCA's Healthier Vendor Guide (updated quarterly) lists healthier food vendors (n=25). WASCA's ongoing support for vendors in the Healthier Vendor Guide includes:

- bi-annual menu reviews to monitor compliance
- dissemination of magnets, posters and healthy option stickers to showcase their healthy menu items
- quarterly e-newsletter showcasing vendors in action and upcoming events

According to vendor evaluations:

- 83% (n=10) noted that enquires to attend Healthway events had increased
- 100% (n=11) were supportive of Healthway strategies to increase healthy options and remove sugary drinks from display.





# FUEL TO GO & PLAY™

Fuel to Go & Play™ supports sporting clubs, recreation centres and entertainment venues in WA to create healthier food environments via their canteens, cafes, vending machines and BBQ's. An extensive suite of tools and resources is housed on the Fuel to Go & Play™ website to support venues and health professionals including online training, accreditation program, promotional material, fact sheets and e-newsletters. The Fuel to Go & Play™ portal allows WASCA staff and health professionals to capture venues progress.

## KEY ACHIEVEMENTS IN 2020/21:

- Website visits increased by 66% with a total of 1,239 resources and tools downloaded
- Pre and post online training surveys indicate that:
  - 85% of venues made positive changes to their menu after completing online training
  - 94% (n=165) of community venue participants were motivated to offer healthy food and drinks
  - 100% (n=24) of health professionals were motivated to support community venues
- Several online resources were updated to align with the revised Department of Health's Healthy Options WA Food and Nutrition Policy; including fact sheets (n=17) and online training modules
- Utilised the online portal to capture WASCA and health professional support to community venues (n=142)
- Supported Health Service Providers by validating menu assessments of community venues (n=14) including Kalamunda Water Park, Ray Owen Sports Centre, Murray Aquatic Leisure Centre, HBF Stadium
- Delivered Healthy Sporting Clubs workshops in collaboration with Good Sports and the City of Belmont and City of Kalamunda
- Facilitated an online meeting with state representatives from WA, Tasmania, Queensland, New South Wales and Victoria to encourage national collaboration.



**217**  
**PEOPLE**  
completed  
Fuel to Go & Play™  
online training



### End of season wind-up

At the end of the season, it is important to celebrate all the achievements both on and off the field. Keep the healthy eating momentum going with healthy options at your end of season wind-up.

#### Offer a range of platters such as:

- Sandwiches, wraps and rolls
- Sushi or rice paper rolls ordered from a local sushi supplier
- Mini quiches or fritattas made without pastry, filled with ricotta cheese and vegetables
- Colourful side salads to bulk up what's on offer while also encouraging vegetable consumption
- If offering pies and sausage rolls, choose reduced fat and salt varieties.



#### Barbeques & sausage sizzles

A barbeque is a quick and easy way to cater for a crowd. As a cooking method, barbequing can be a healthy choice. It often falls down when high fat sausages and greasy burgers are used.

- Make your next sizzle a healthy one by using:
- Reduced fat beef or chicken sausages - aim for 3.5g or less per 100g of saturated fat and 400mg or less per 100g of salt
  - Burgers loaded with salad
  - Beef, chicken or vegetable skewers
  - Vegetable sides, such as grilled corn on the cob, mixed vegetable kebabs or coleslaw.



### Morning tea

Clubs often coordinate a morning tea roster between parents and volunteers to supply food for training and game days. It is the perfect opportunity to promote and support healthy eating for community members. Mix and match some of these healthy options to fuel adults and children alike at your next sporting event.

#### Safety first!

Sandwiches, salads, dips and fruit need to be refrigerated - keep them in an esky with some ice if no fridge is available. Always use tongs to serve food and keep utensils separate. Don't forget to wash your hands thoroughly before preparing food, wear a hair net and always use a clean workstation.

#### Fruit

Seasonal fruit is a great option. Not only is it packed full of energy and nutrients - it comes individually wrapped (think bananas, oranges and kiwis!) If you have more time at hand, whole fruit can be sliced and presented on a platter, mixed and served in cups as fruit salad or placed on skewers as single serve fruit kebabs.



#### Sandwiches and wraps

Get creative with the fillings. There are some great suggestions in this WASCA sandwiches and wraps recipe. Otherwise, try some of these!

- Curry powder with egg and lettuce
- Chicken and avocado
- Tuna and salad
- Cheese and Vegemite
- Beef with wholegrain mustard and cucumber
- Smoked salmon and cream cheese
- Roast vegetables and rocket
- Sweet potato and ricotta
- Pesto, avocado and chicken
- Cream cheese, sundried tomatoes and spinach
- Beetroot, hummus and rocket.



#### Dips

Serve with veggie sticks and plain crackers

- Pita crisps and hummus
- Greek salad
- Tzatziki - yoghurt and cucumber
- Roasted capsicum
- Tomato salsa
- Ricotta, pea and mint.



We were pleased to launch the Fuel to Go & Play™ accreditation program which recognises and rewards venues for offering healthy food and drinks. The program features five core areas (training, pledge/policy, action plan, environmental strategies and menu). Depending on their progress, venues will be awarded Level 1, 2 or 3 Accreditation.

Participating venues are rewarded with a selection of posters, merchandise and promotional materials.

There are currently five venues participating in the program, with one venue already achieving level 3 Accreditation.





# HEALTHY SPORTING CLUB PROGRAM

The Healthy Sporting Club Program (HSCP) is an initiative developed by Healthway and managed by WASCA. The program provides grants of up to \$4,000 to community sporting clubs to help increase healthy food and drink options at club-run canteens or kiosks, over the summer and winter sports seasons.



WASCA supported 81 clubs in the Winter 2020 and Summer 2020/21 seasons to achieve the following:

- increase healthy food and drink options
- reduce the promotion of unhealthy food and drink choices. This includes not displaying sugary drinks
- reduce the promotion of unhealthy messages or brands
- improve club members' knowledge of the importance of healthy eating
- educate canteen or kiosk managers, and/or staff (including volunteers) in offering healthy food and drinks in club-run facilities
- educate and up-skill canteen managers and staff in offering healthy food and drinks in club-run facilities.

Examples of eligible items for purchase with funds include:

- education initiatives, for example engaging the expertise of a dietitian to run a healthy eating workshop
- kitchen preparation appliances, for example a display fridge, sandwich press, utensils.
- hydration initiatives, for example a water bubbler.



WASCA services include menu and recipe assessments using the traffic light system; an advisory service; policy development and implementation; resources (e.g. posters, hats, chalkboards, drink bottles, aprons, serviettes, Canteen Cuisine cookbook and Star Choice™ Buyer's Guides); site visits; and communication material that incorporates the Fuel to Go & Play™ message.

Menu assessments conducted between before and after receiving the grant from the summer 2020/2021 season showed that on average, each of the clubs increased the percentage of green items on the menu from 17% to 56% and decreased the red items on the menu from 62% to 22%.

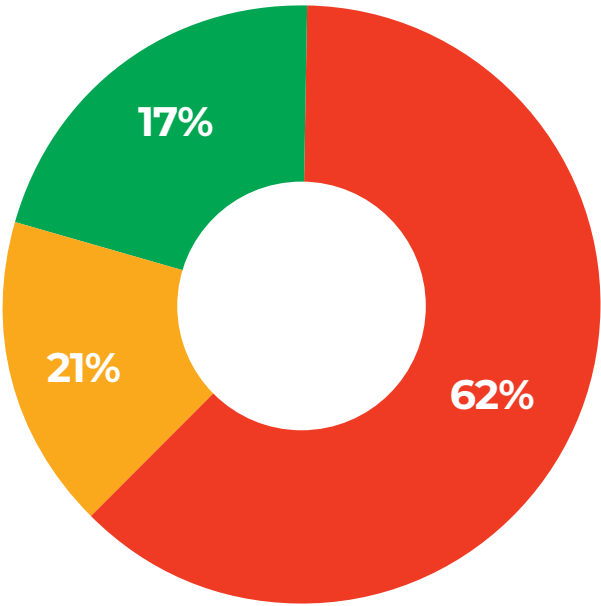
WASCA continues to receive funding from Healthway to support clubs for the 2021/2022 sporting seasons.



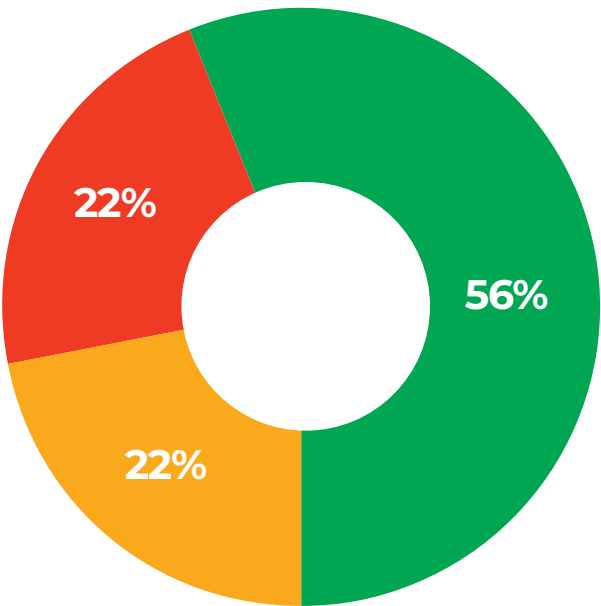
88  
MENU  
ASSESSMENTS

20  
ACTION PLANS  
WRITTEN TO  
FACILITATE CHANGE

FIRST MENU ASSESMENT



FINAL ASSESMENT





# OTHER WASCA ACTIVITIES

## NAN MARLOW AWARD FOR EXCELLENCE IN VOLUNTEERING

Volunteers are the backbone of many schools and none more so than in canteens. The Nan Marlow Award for Excellence in Volunteering is the way to recognise those special volunteers. The award is proudly sponsored by The Just Pizza Company. In 2021 we received 27 nominations from 23 schools with total volunteer hours of almost 33,000.

The winner was Laura de Jong from South Kalgoorlie Primary School who has been running the canteen three days a week for four years in a volunteer capacity.



## STARCAP2

The Star Canteen Accreditation Program 2 (StarCAP2) is a voluntary program that awards schools operating healthy canteens by using a star rating basis of three, four or five stars. It recognises and rewards those schools operating healthy, profitable canteens and provides an incentive for others to work towards star status. Congratulations to:



- Swan View Primary School, Teresa Elzer (pictured) – 5 stars, 94% green food sold (pictured)
- Star of the Sea Primary School, Tracy Skipworth – 5 stars, 95% green food sold
- Winterfold Primary School, Kym Edwards and Kylie Clifford – 5 stars, 99% green food sold.



## ROBIN BROMLEY VISIONARY GRANTS



The Robin Bromley Visionary Grants aim to empower Canteen Supervisors to undertake professional development and training and/or enhance the canteen by purchasing essential equipment with funds provided by this program. The program has been running for seven years, this means, together with our sponsors we have provided \$21,000 to schools in WA to assist in the provision of healthy food and drink choices. For the past 5 years this initiative has been in partnership with Brownes Dairy.

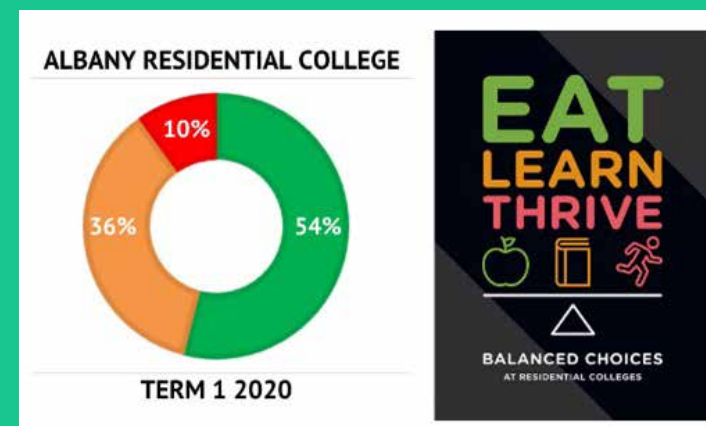
The three schools who were successful applicants in 2020 were Castletown Primary School, Esperance; Dalmain Primary School, Kingsley; and Ocean Road Primary School, Dawesville.



## RESIDENTIAL COLLEGES

WASCA continues to provide support to the nine residential colleges in WA to provide a healthy food environment for their students. The Eat Learn Thrive program encourages colleges to aim for menu targets of 60% green, maximum of 20% red and the remainder amber. Since implementation in 2017 the colleges have made incredible changes to the methods used in food preparation; ingredients used; and increasing the availability of fruits and vegetables across all meals. Once a menu assessment is completed the colleges are provided with a customised image to promote their healthy menus to parents and students

The Christmas competition is one way for colleges to celebrate the changes made and engage with students in healthy food preparation for a celebratory meal. In 2020 the theme was 'Support Local' and they certainly did with fresh local produce used across all recipes.



## STAR CHOICE™ FOOD REGISTRATION PROGRAM

The Star Choice™ Buyers' Guide was published in July 2020 and January 2021; the latter included 50 companies with 689 products classified as either Green or Amber according to the DOE HFD policy.

During the 2020/21 financial year, the FOCIS product registration program was discontinued. WASCA was able to purchase the FOCIS nutrient criteria and rebrand it as the Star Choice™ Nutrient Criteria. To correspond with this, we were fortunate enough to have an Edith Cowan University Master of Nutrition and Dietetics student, Serena McManus at WASCA for a six-week community placement. The purpose of the placement was to review the criteria. The key findings included:

- Establishing minimum calcium requirements for non-dairy milks
- The classification of fermented beverages (kombucha and kefir) as red items
- Recommendations to continue to monitor areas of research including reduced fat dairy, intense sweeteners, meat alternatives and protein fortified drinks.

The Star Choice™ Registration Kit and Food Industry Handbook also underwent modifications to ensure it aligned with changes to the nutrient criteria, we are grateful for all the work Serena did to assist with the process.

To keep food industry in the loop regarding the new changes, we held an afternoon tea in May 2021, which also included networking, an update on Star Choice™ products in the community setting, and a presentation on how food industry can continue to support and service school canteens.







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