

## WASCA Team Profile



Jenny Hanna  
WASCA Executive Committee Member

### Bio

Jenny joined the WASCA Executive Committee in 2021. She has a Bachelor of Education specialising in Home Economics and Health Education. Jenny has years of experience in WA high schools as well as food and nutrition curriculum writing.

Jenny is passionate about making the connection between the food we eat and knowing where and how it has been produced.

She currently works as a Project Officer for Refresh.ED - Online Food and Nutrition program.

**Who inspires you and why?**

My children provide constant inspiration for me. As they grow up life constantly changes, and their busy lives keep me busy. Over the years they have introduced me to a lot of new and exciting things, as they learn and develop so do I. Whether it be the amazing families I have met through their friendships, or the new things they learn at school and share with me or the inspiration to join in with their weekend sporting activities. They always inspire me to keep trying new things.

**What is your favourite cookbook, book or movie**

I was first introduced to Ottolenghi's cookbooks when I was gifted his original cookbook for my 30<sup>th</sup> birthday. I absolutely love the recipes and over the years I have been lucky enough to be gifted a few more. Clearly people must know I love a good cookbook.

**What do you believe is your most important role at WASCA?**

I believe my passion for holistic food and nutrition education is my most important role at WASCA. With my experience in schools and knowledge of the curriculum and classroom practices, I hope I can help WASCA continue to build a strong whole of school nutrition support program in WA schools.

**Tell us your top tip for promoting healthy food**

Knowing where our food has come from and how it is produced!

Telling the story of where food comes from and knowing what produce we can grow here in WA can help people understand the need to purchase and consume locally grown healthy produce.

**WASCA recipe recommendation**

[The Burrito Bowl](#). We love this recipe at home, and it was a real hit when we shared it with our hockey club at junior dinner nights.