



# Theme Days

## Other events

### Valentines Day

February

Love is in the air. Add a little romance to your menu with a variety of pink coloured healthy options and some romantic inspired names

- Romeo and Juliet baguette
- Decorate the canteen with love hearts to advertise the menu
- Banana and berry smoothies
- Watermelon slices
- Strawberry muffins
- "Love potion", strawberry smoothie made with reduced fat yoghurt, strawberries, reduced fat milk and bananas
- 'Cupid's' meal deals.

### Pancake Day

February

Celebrate the day by making sweet and/or savoury pancakes

- Be creative with pancake toppings, use fruche/yoghurt and fruit such as bananas or strawberries for sweet pancakes
- Savoury pancakes could contain corn, herbs or make potato blinis
- Top savoury pancakes with cream cheese/ricotta and cherry tomatoes
- Sell 'pancake plates' for a set price, plates could have a combination of both savoury and sweet varieties.

### National Nude Food Day

<http://www.nudefoodday.com.au/>

Use the canteen to promote the positive message of 'nude food = healthy body + healthy planet'

- Use ice-cream cones as containers to reduce packaging
- Encourage students to bring along their own water bottles to fill up at the drink fountain
- For more ideas and to register your school for Nude Food Day visit the website.

### Red Nose Day

June

[www.rednoseday.com.au/](http://www.rednoseday.com.au/)

Red Nose day is the major fundraiser for SIDS and Kids. Funds raised provide vital services and programs.

- Raspberry pikelets or muffins
- Small vanilla ice cream cones topped with half a strawberry
- Cheesies topped with half a cherry tomato
- Red nose sub: chicken tenders, cherry tomato and salad sub sold with a drink, a portion of the price can be donated directly to SIDS and Kids.

### Book Week

August

<http://cbca.org.au/>

Name healthy meal deals after popular children's' books, some suggestions are

- BFG lunch pack: bacon and egg roll, flavoured milk and a green apple
- Harry Potter Potion: fruit slushies or pumpkin scones
- James and the Giant Peach meal deal: a toasted sandwich, a bottle of water and a small tub of peaches
- Snow Whites 'magic apple'.



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### Fathers Day

September

Invite Dads to come into the canteen to help out for the day, see their kids at school and receive a special Fathers Day lunch as their 'gift'.

- Morning tea – 'macho muffins'
- BBQ lunch - get Dads on board with a sausage sizzle using reduced fat sausages and coleslaw on top
- Invite all Dads & Grandads to school for lunch (just make sure they get orders in early so planning catering will be easier).

### Pink Ribbon Day

October

Everyone knows someone affected by breast cancer. With many fundraising initiatives involving 'Girls Nights In' during the month of October it's easy to hold a theme day in your canteen and make a difference.

- Serve fruit salads of pink lady apples, watermelon and strawberries - add a dollop of strawberry yoghurt
- Make strawberry muffins or watermelon slushies
- Have a lunch combo of baked Ruby Lou potatoes (skin on) topped with ham and cheese and a strawberry milk
- Pop a 'pink' box or bowl on the counter for kids to donate a little small change or donate a portion from every combo lunch order.

### Multicultural Days

Choose a theme for one day or a different theme each day for a week. There are so many nationalities to choose from, these are just a few:

- Italian: spaghetti and meatballs or pizza on wholemeal pita bread
- Mexican: make tacos or burritos loaded with salad
- Asian: vegetable stir fry served with noodles or rice.

### Stocktake sale

The end of the year is here, summer is upon us and its time to start winding down your stock. What better way than with a stocktake sale. In the last two weeks of term empty those freezers!

- 'Anything goes day'- choose a day and offer availability on all items that you still have in stock
- Discount freezer stock such as sausage rolls, burger patties and pre-prepared meals
- Plan a summer sizzler combo day – offer a healthy summer menu item paired with a drink and an after lunch treat for a cheap price – no one wants ice-creams leftover at the end of the year.