

Roasted strawberries

Serves: 8

Ingredients

- 2 punnets strawberries
- 4 tablespoons balsamic vinegar

Method

1. Preheat oven 180°C
2. Wash, hull and chop strawberries, place in a bowl
3. Add balsamic, stir well
3. Marinate strawberries for 10 minutes, stir occasionally
4. Place in an oven proof dish and roast for 10 minutes; stir halfway through
5. Remove from oven; place on a plate in the refrigerator for 10 minutes
6. Serve with reduced fat vanilla yoghurt (green) or ice cream (amber).

