



HARVEST

Bright ideas from the field.



PEARSALL PRIMARY SCHOOL

SCHOOL PROFILE

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-  LOCATION: Pearsall (25km North of Perth CBD)
-  CLASSIFICATION: Primary school
-  TYPE OF SCHOOL: Independent Public School
-  STUDENT POPULATION: 370
-  DAYS OF OPERATION: Friday lunch service provided by local IGA

SCHOOL COMMUNITY LINKS:

Pearsall Primary School set up a 'Green Team' made up of staff, parents and upper primary students to promote healthy food and sustainability. The Green Team have established links with WASCA, Bunnings, Healthway, the Department of Health and the Cancer Council who have provided support with either grants, resources or donations. This demonstrates how much help and support is available to schools if they have a team that can drive a project. Since its inception the Green Team have been instrumental in implementing various initiatives. For example:

- Build-a-bun day to show students how easy it can be to make a fresh healthy sub style lunch
- Wrapper free Wednesday to minimise waste by packing a waste free lunch
- Sustainability gardens that are complete with worm farms, compost bins and rain water tanks
- Healthy hamburgers and crunchy creations offered at the sports day which meant the students had healthy lunches whilst being active.

STORY:

Currently the school doesn't have an on-site canteen/food service. Even though the facilities are available, the school wanted to take a steady approach to opening the canteen. The Green Team worked very closely with the P&C and the local IGA to provide a healthy food service. IGA provided a sample menu which was assessed by the team at WASCA and was rated as having 94% green choices. As a result the school is able to provide healthy lunches to the students every Friday. Menu items include:

- lunch packs containing either a sandwich or wrap, a piece of seasonal fruit and a crunchy snack pack containing carrot, celery, snow peas and capsicum
- salad plates
- homemade pastas and roast meat and gravy rolls.

TAKE HOME MESSAGE:

There is no excuse for single use. Healthy eating and sustainability is the Pearsall Way.

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