



## Canteen Cuisine



The Canteen Cuisine cookbook has been colour coded to be consistent with the Department of Education and Training policy and standards for healthy food and drinks offered in WA public schools.

	<b>Recipe name</b>	<b>Page</b>	<b>Category</b>	
<b>A</b>	Apple and cinnamon muffins	25	AMBER	
	Apple jaffles	18	GREEN	
	Apple scroll	20	AMBER	
	Apricot and banana jaffles	19	AMBER	
	Asian bean salad	85	GREEN	
<b>B</b>	Banana freezies	113	GREEN	
	Banana loaf	34	AMBER	
	Bean nachos	94	AMBER	
	Beef lasagna	99	GREEN	
	Body builder	77	GREEN	
	Bruschetta cups	16	GREEN	
	<b>C</b>	Carrot cake	35	AMBER
	Carrot soup	74	GREEN	
	Cheese and spinach slice	55	AMBER	
	Corn rolls	15	GREEN	
	Corpus Christi soup	71	GREEN	
	Cosmic torpedo	79	GREEN	
	Country cuppa	73	GREEN	
	Couscous and chicken pockets	91	GREEN	
	Creamy pear dip	43	GREEN	
	Crunchy coleslaw	78	GREEN	
	Crunchy tuna rolls	62	GREEN	
<b>E</b>	Easy fruit loaf	33	GREEN	
	Easy vegie slice	53	GREEN	
<b>F</b>	Filled french sticks	17	GREEN	
	Fish burgers	61	GREEN	
	Flying vegie pita	54	GREEN	
	Fried rice	66	GREEN	
	Fruit damper	37	AMBER	
	Fruit muffins	26	AMBER	
	Fruit pikelets	22	GREEN	
	Fruit whirls	42	GREEN	
	Funky fruits	42	GREEN	
	<b>G</b>	Golden cow	112	GREEN
	<b>H</b>	Hawaiian rice salad	65	GREEN
Haystacks		64	GREEN	
Hot roast rolls		63	GREEN	
<b>I</b>	Ice delights	113	GREEN	
	Impossible quiche	56	GREEN	
<b>J</b>	Jelly delight	41	AMBER	
<b>L</b>	Lentil pattie burgers	59	GREEN	
	Low cholesterol pumpkin cake	36	AMBER	
<b>M</b>	Macaroni cheese	89	AMBER	
	Mediterranean roll-up	95	GREEN	
	Minestrone Soup	70	GREEN	

	<b>Recipe name</b>	<b>Page</b>	<b>Category</b>
	Mini muffins	27	AMBER
	Mini pizza	52	GREEN
<b>N</b>	Nutty rice cakes	38	GREEN
<b>O</b>	Oat and coconut biscuits	108	AMBER
	Oaty nibbles	109	AMBER
<b>P</b>	Perfect pumpkin muffins	29	AMBER
	Pikelets	21	GREEN
	Pineapple and apple slice	39	AMBER
	Pocket pita surprises	76	GREEN
	Popcorn	110	GREEN
	Potato muffins	14	AMBER
	Potato pancakes	24	GREEN
	Potato salad	84	GREEN
	Potato soup	69	GREEN
	Pumpkin scones	30	GREEN
	Pumpkin Soup	68	GREEN
<b>Q</b>	Quick pasta	97	GREEN
<b>R</b>	Refrigerator muffins	28	AMBER
<b>S</b>	Salad surprise	81	GREEN
	Savoury mince	88	GREEN
	Scones	31	GREEN
	Shepherd's pie	100	GREEN
	Sloppy Joes	96	GREEN
	Spicy Indian beans	92	GREEN
	Split pea soup	72	GREEN
	Sticky drumsticks	101	GREEN
	Sultana and apricot loaf	32	AMBER
	Summer's day salad	82	GREEN
	Super spuds	67	GREEN
	Survival pack	111	GREEN
<b>T</b>	Tabbouli	80	GREEN
	Tacos	90	AMBER
	Tangy chickpea dip	44	GREEN
	Traffic light pasta	98	GREEN
	Tropical melts	12	GREEN
	Tuna or salmon slice	57	GREEN
	Tuna pasta salad	83	GREEN
	TVP soup	75	GREEN
<b>V</b>	Vegetable corn toast	13	GREEN
	Vegetable lasagna	86	GREEN
	Veggie pikelets	23	GREEN
	Vietnamese rolls	93	GREEN
<b>W</b>	Wobblies	40	GREEN
<b>Y</b>	Yo ho ho quenchies	112	GREEN
<b>Z</b>	Zucchini and potato burgers	58	GREEN
	Zucchini burgers	60	GREEN

Please note all recipes that show choc chips as a variation (eg Mini muffins) are no longer acceptable under the new Department of Education and Training policy and standards for healthy food and drinks.