

Mexican Tostadas

Traffic Light Category – **GREEN**

Makes 36-42

Ingredients

- 6 tortilla bread cut into rounds using a 5-7cm scone cutter

Choose from a variety of toppings

- Guacamole, salsa, garnish with a coriander leaf
- Mexican refried beans, guacamole garnish with reduced fat grated cheese, a thin slice of red chilli and coriander leaf.

Method

- Toast on baking paper in a moderate oven until golden and crisp
- Arrange attractively and serve immediately.

